



Graduate Student Success

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Excellence • Innovation • Diversity





Graduate Student Role

- Independent learner
- Accountability for learning
- Set goals
- Positive motivation
- Reading
- Communication
- Writing
- Be open to new ideas
- Challenge ideas
- Be OK with not being right all the time

**Some Days It's Hard
To Find Motivation**



**Some Days Motivation
Finds You!!**



Preparing for the Graduate Student Role

Time Management

- Syllabus – identify major assignments
- Check into your course daily
- No floundering – ask for help
- Handy reading material
- Time of day most alert
- Avoid multitasking
- Follow directions
- Organize



PLEASE, READ the RUBRICS

Restructure Your Life



- Learning takes time
- Personal life
- Support system
- Work schedule vs. course schedule
- Schedule in studying time
- Plan to give yourself more time
- Per each credit hour.....

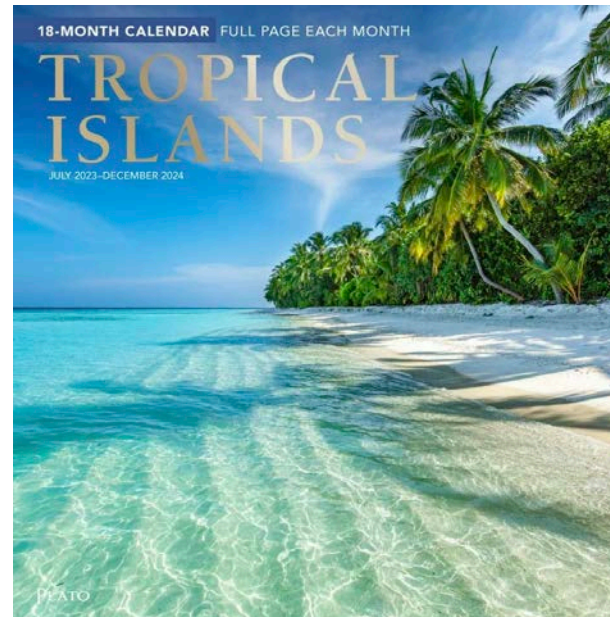
“I know. I know.”

- Obtain the required books
 - Which includes the 7th ed. APA manual
- Know how to contact faculty
- Plan for synchronous sessions dates/times
- Avoid no-shows (absent without notification)
- Read the process of requesting extensions
- Late work without requesting an extension



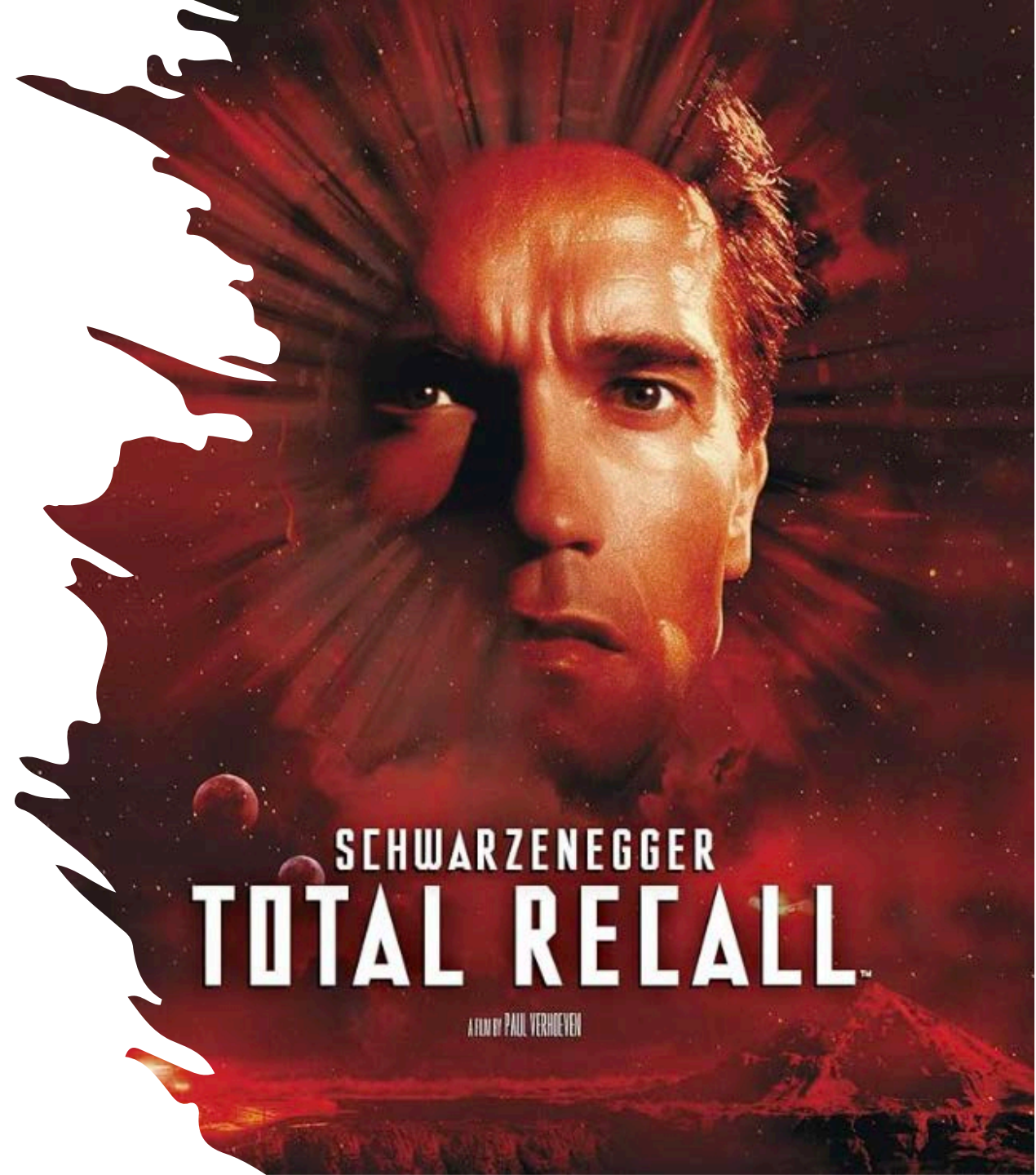
Use a Calendar

- Course activity deadlines
- Make your own deadlines
- School, work, personal
- Study time
- Breaks
- Learn to say no
- Build in cushion time



Metamemory

- Feeling of knowing
- Judgement of memory
- Judgement of learning



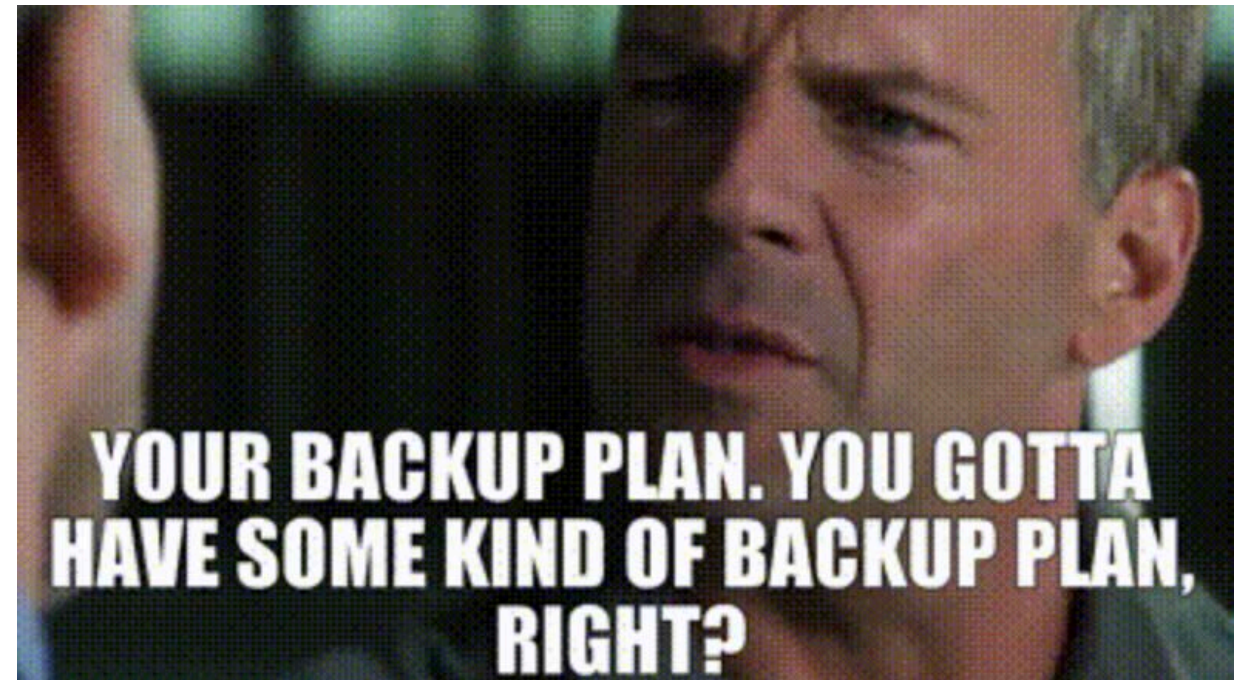
Procrastination

- Avoid needing to be perfect
- Avoid phone
- Hard/complex first
- Know yourself



Backup Plan

- Computer
- Documents
- Discussion board
- Don't know what to do





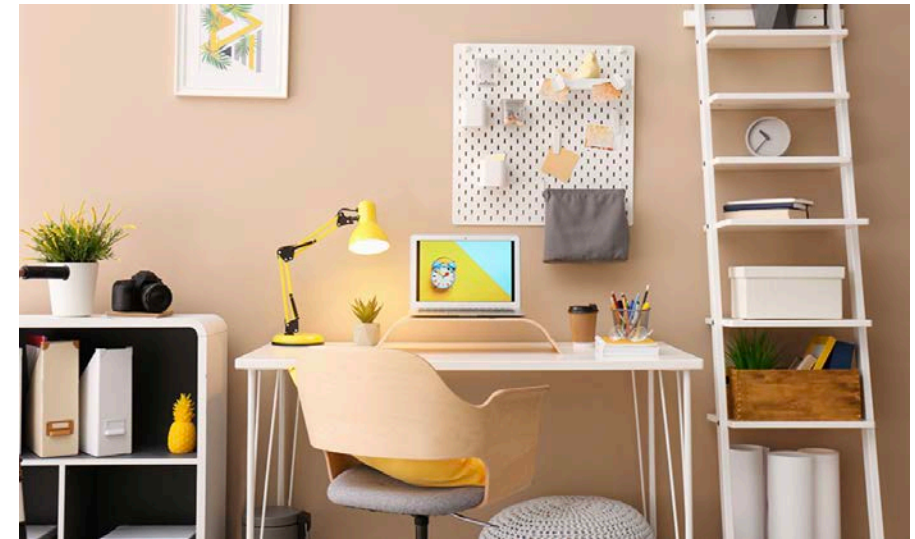


Benefits of Sleep

- Energy
- Memory
 - False Memory
- Emotions
- Concentration
- Managing stress
- Decision-making
- Physical health

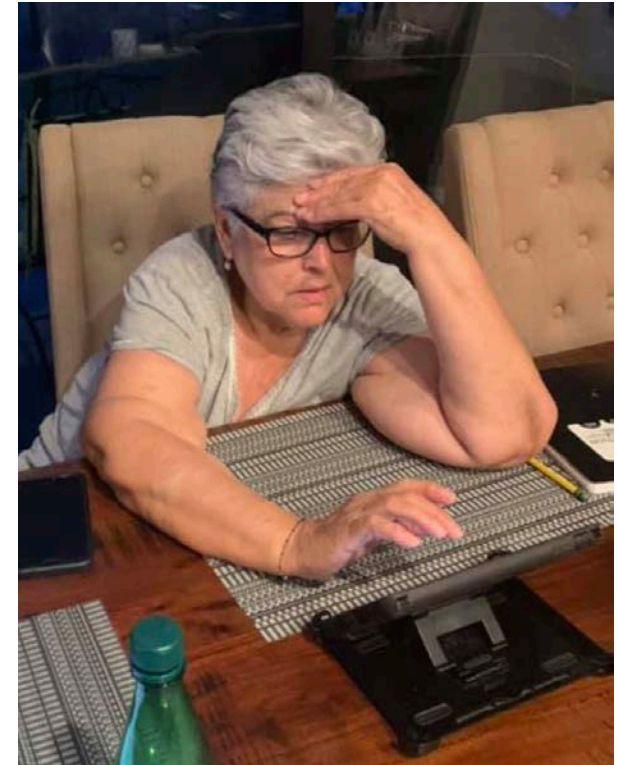
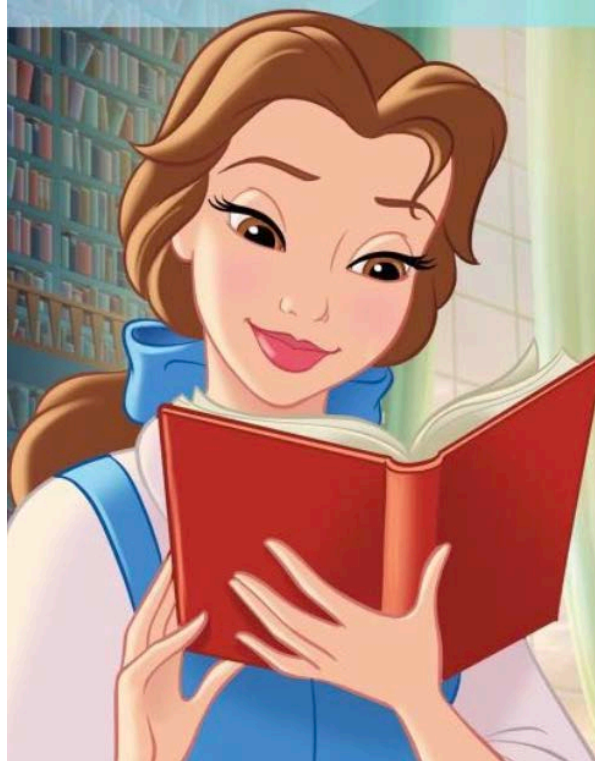
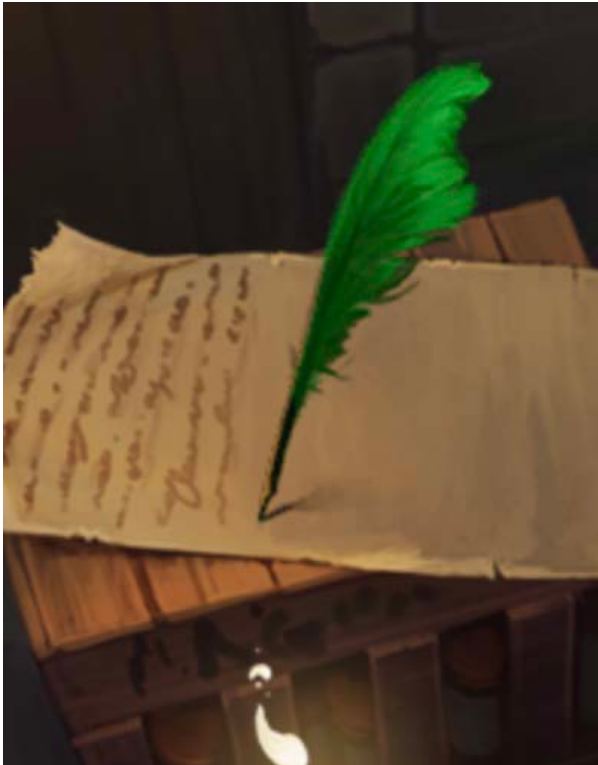
Study Area

- Busy or quiet area
- Sit or stand
- Comfortable (not too comfy)
- Ergonomic
- Lighting
- Spread out
- Risk for distraction



Activities

- ***Brain Processing*** for Memory, Association, and Imagery





True or False

Individuals learn better when they receive information in their preferred learning style (e.g., auditory, visual, kinesthetic).

Studying

- Take notes using your own words
- Talk to someone about the content
- Network with peers
 - Two for today
- Avoid heavy meals
- Drink water



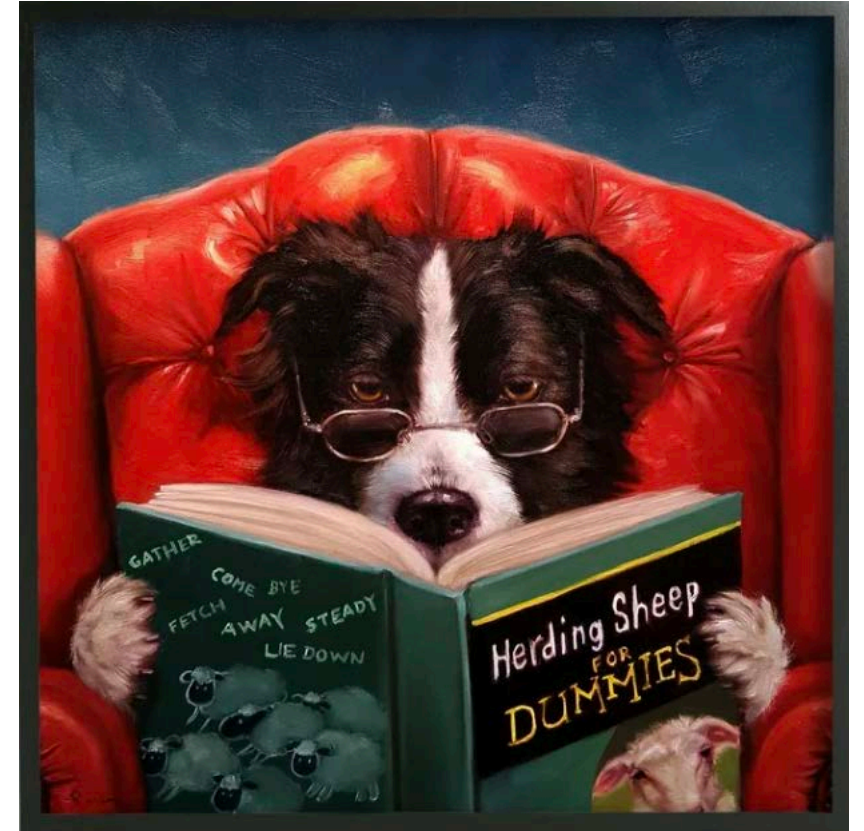


Major Project Completion

- Break it into parts
- Set deadlines for the parts
- Network with peers (ideas)
- Last-minute work (reexamine plan)

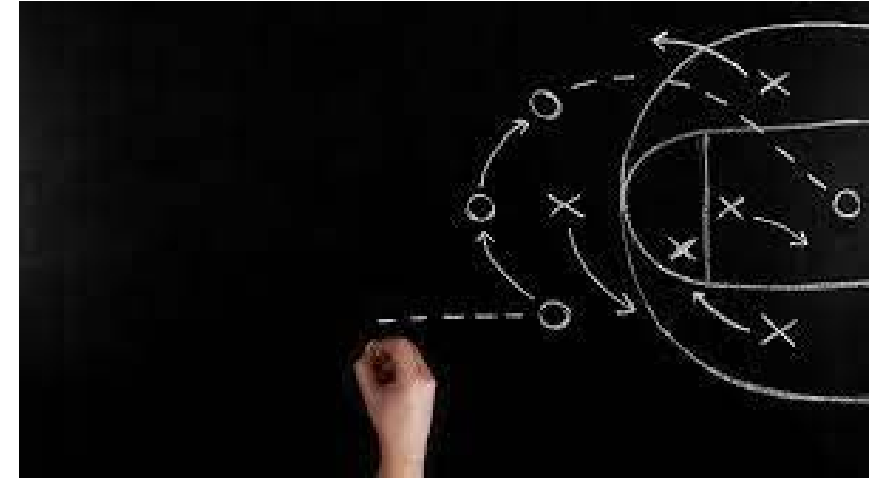
Read Smarter

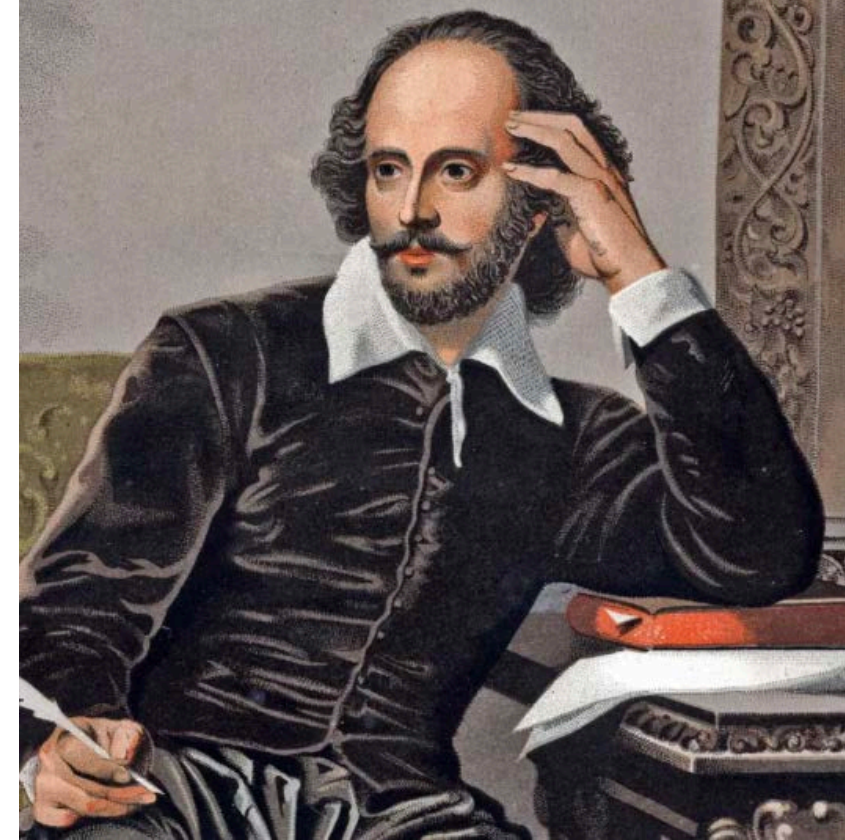
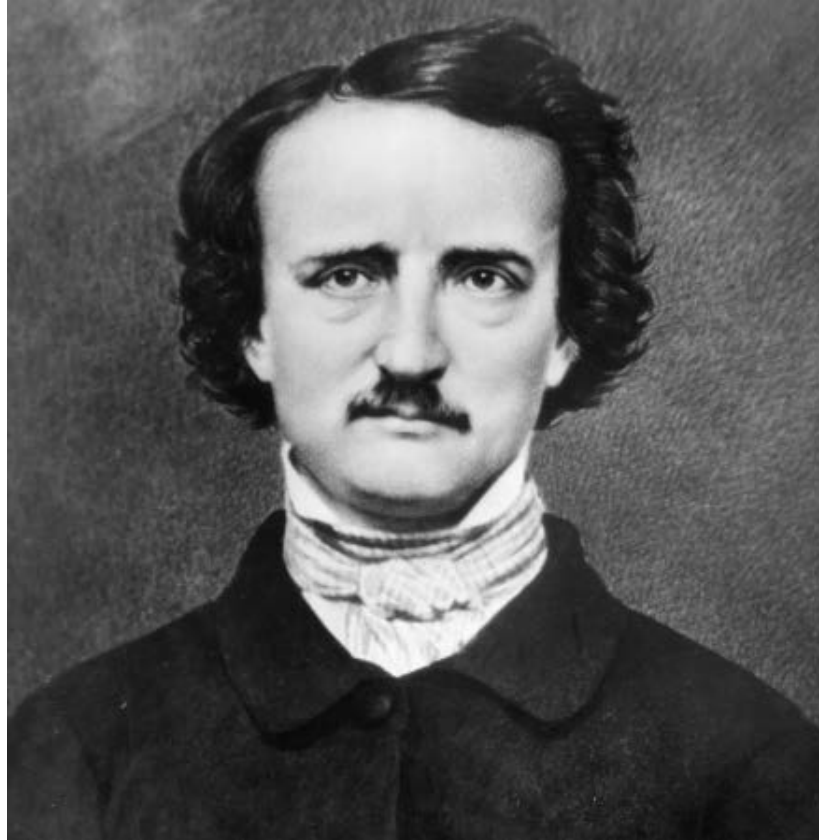
- To get better at reading - practice
- Read with purpose
- Skim the assigned readings
 - Headings
 - Subheadings
 - Bullet points
 - Figures
 - Tables
- Association with objectives and graded activities



Reading Strategies

- Build in time to re-read when necessary
- Link reading content to what you already know
- Talk it through (to yourself or someone else)
- Summarize the information (write it)
- Look up the definitions of unknown words
- Predict
 - If this occurs > this will happen > this is what should be done > this should be the outcome
 - If nothing is done OR treatment unsuccessful > this will be the outcome
- Visualize
- Create concept maps
- Test yourself





Writing Skills

- Practice
- Use your own words
- Develop outline for the paper
- Writing center
- Use style writing programs
- Use direct quotes only when appropriate

Open Minded

- Why is it challenging?
 - Values
 - Previous experiences
 - Being questioned
 - Emotions
 - Want to be right....all the time
 - Uncomfortable



Challenge Ideas

- Leadership skill
- Investigate
- Analyze information
- Organizes thoughts
- Practice articulating your thoughts
- Teamwork
- New experience



Relationship with Faculty & Advisor

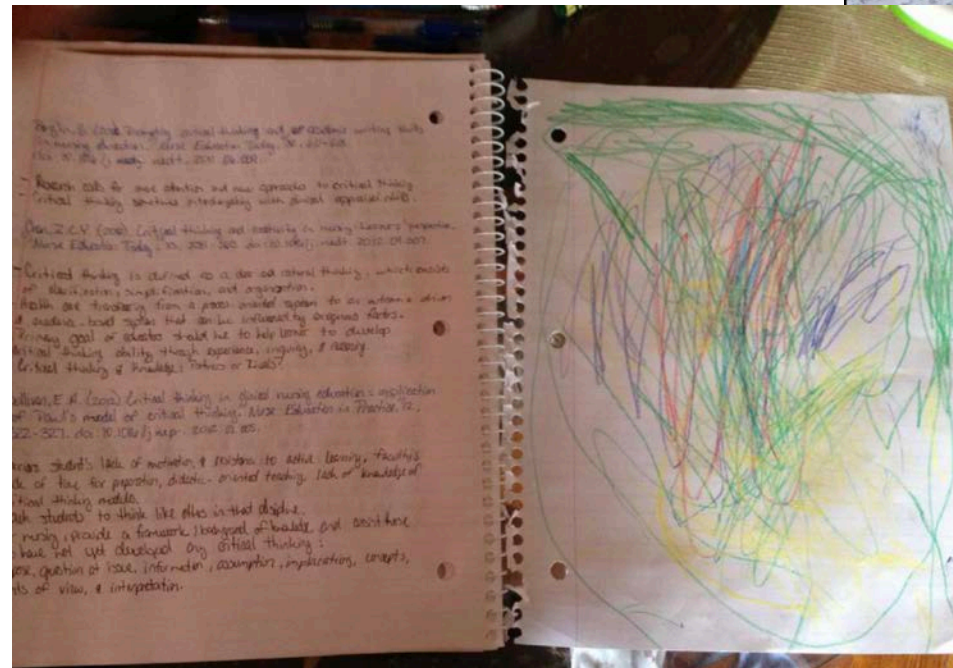
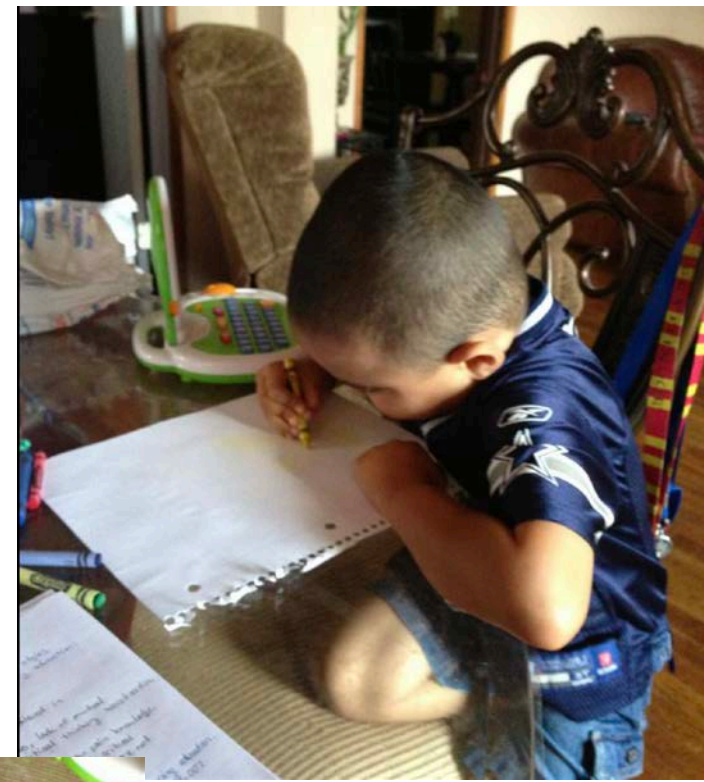
- Faculty are course facilitators and guides
- Online classroom is a formal educational setting (includes your email communication)
- Titles, please!*
- Communication (preferred method of each faculty member or advisor)
- Reach out sooner rather than later
- Keep your advisor in the information loop

* Use "Dr." when in doubt



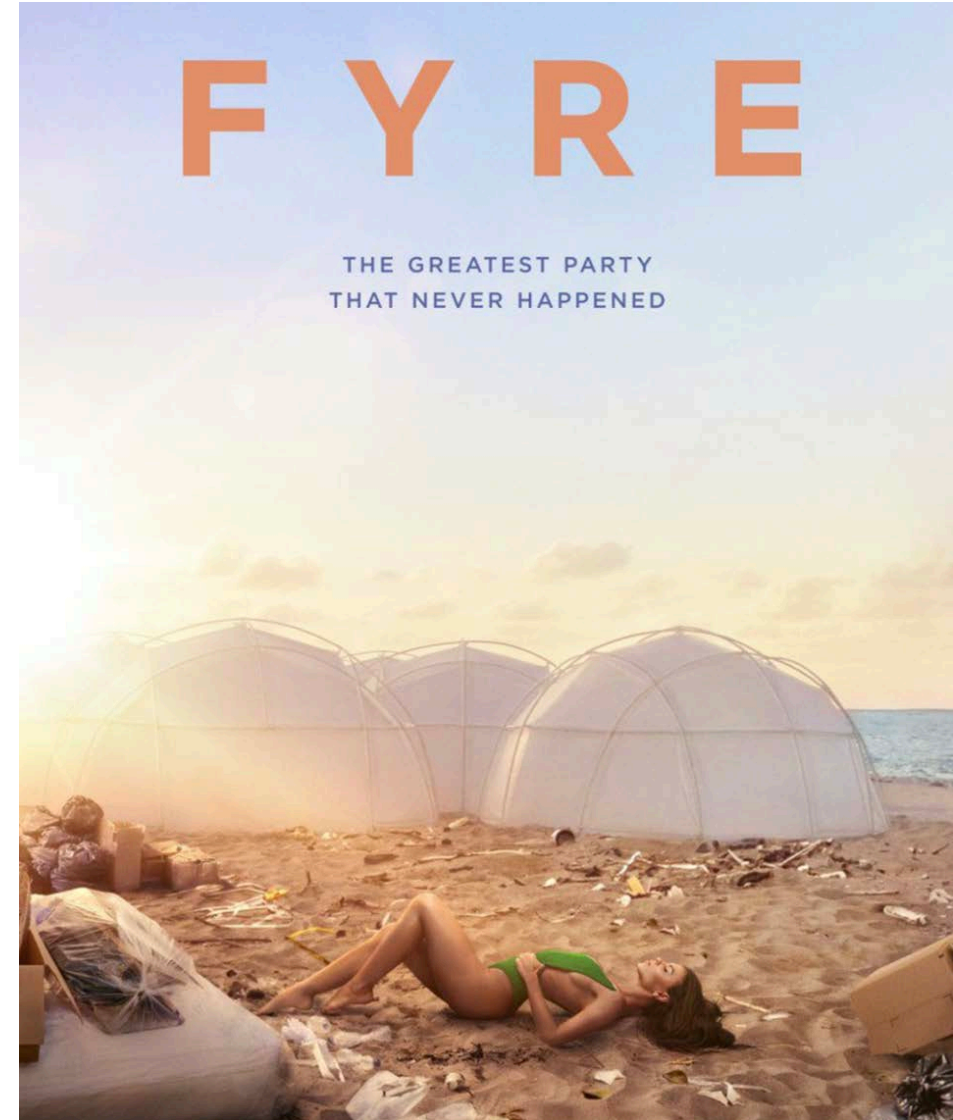
Family

- Seek support
- Share what you are doing
- Delegate
- Study with kids





Epic Fails Will
Happen





OMO

@Omokpeter

Follow

I just wanted my degree bro. I didn't ask for all this

10:36 AM · 1/28/25 · **965K** Views



137



11K



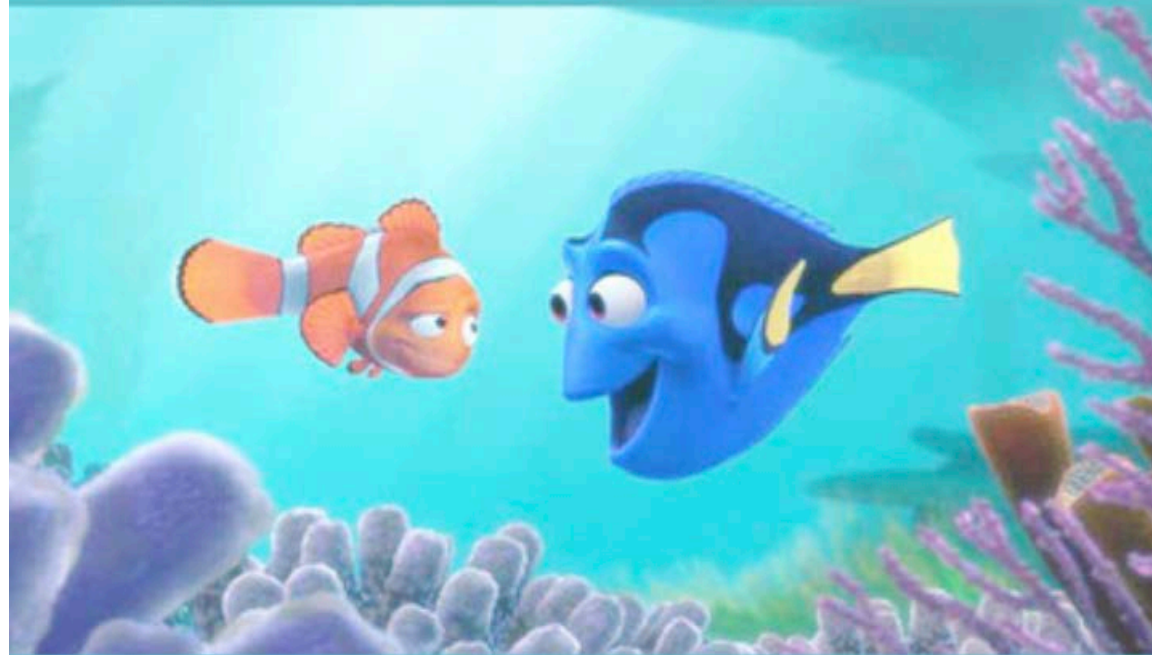
49K



1.6K




**KEEP
CALM
AND**



**JUST KEEP
SWIMMING**

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Equipment Checkout

OPEN Mon - Fri 8:00 am - 5:00 pm

Available items include laptops, wi-fi hotspots, microphones, cameras and more.

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Questions?

